Spiritual Warfare — Applying A Biblical Worldview Perspective

Kerby Anderson provides a concise, biblical worldview perspective on the important topic of spiritual warfare. Every Christian needs to understand that our battle is against spiritual forces not against other humans, who need Christ.



He gives us practical advice on understanding our spiritual weapons and applying them to take on the forces of Satan in this world.

Spiritual Warfare

Lots of books have been written about spiritual warfare. Most of them share anecdotes and experiences of the authors or the people they to whom they have ministered. In this article I merely want to answer the question, what is a biblical point of view on spiritual warfare? (For more information on this topic, see Kerby Anderson, <u>A Biblical Point of View on Spiritual Warfare</u> (Eugene, OR: Harvest House, 2009).

Spiritual warfare affects everyone. In fact, the day someone becomes a Christian, they are already involved in spiritual warfare. There is no place you can escape from this warfare. There are no "safe zones" or "secure bunkers" where you can hide.

Sadly, many Christians do not even know there is a spiritual war taking place around them. They may even become a spiritual casualty and never understand what has happened to them.

So many Christians have become mortally wounded in the spiritual conflict that takes place around them. They may be

so emotionally spent or spiritually dead that they are essentially no longer of any use to God.

Others may have less serious wounds from this spiritual conflict, but are still affected by the battle. They still go about the Christian life but are not as effective as they could be because of the "battle scars" they carry with them.

Jesus never promised that the Christian life would be easy. In fact, He actually warned us of the opposite. He says in John 16:33 that "in this world you will have trouble."

Anyone who takes even a brief look at the history of Christianity knows that is true. Jesus was beaten and crucified. Most of the disciples died martyrs deaths. Millions of Christians were persecuted throughout history.

Christians today suffer persecution in many lands, and all of us wake up to a spiritual battle every day. That is why we need to be prepared for battle.

So where does this battle take place? Actually the Bible teaches that spiritual warfare takes place in various places in heaven and on earth.

First, we should remember that God dwells above in the heavens. Psalm 8:1 says that God has displayed His splendor above the heavens. Psalm 108:4-5 says God's lovingkindness is great above the heavens and that He is exalted above the heavens.

The Bible also talks about the battle in the heavens. When a passage in Scripture talks about heaven, it may be referring to one of three places: (1) The first heaven is what we would call the atmosphere, (2) The second heaven is where the angels fly and do battle (Revelation 12:4-12; 14:6-7), and (3) the third heaven is also called "Paradise" and is what Paul describes in 2 Corinthians 12: 2-4:

I know a man in Christ who fourteen years ago—whether in the body I do not know, or out of the body I do not know, God knows—such a man was caught up to the third heaven. And I know how such a man—whether in the body or apart from the body I do not know, God knows—was caught up into Paradise and heard inexpressible words, which a man is not permitted to speak.

Spiritual warfare also takes place below the heavens and on earth. This occurs on the face of the earth (Genesis 6:1; Acts 17:26) where Satan prowls like a roaring lion (1 Peter 5:8). And it will also take place in hell and the bottomless pit (Revelation 9:1-2; 20:1-3) and at the Lake of Fire (Revelation 19:20; 20:10-15) where final judgment will take place.

Spiritual Battles

Spiritual warfare is the spiritual battle that takes place in the unseen, supernatural dimension. Although it is unseen by humans, we can certainly feel its effects. And we are to battle against spiritual forces in a number of ways.

First, we need to realize that the weapons of this warfare are not human weapons fought in the flesh. Instead, they are spiritual weapons such as truth and righteousness that can tear down strongholds and philosophies that are in opposition to God.

For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ (2 Corinthians 10:3-5).

Second, the nature of this battle is different from an earthly battle. In Ephesians 6:12, Paul talks about the nature of this

spiritual battle: "For our struggle is not against flesh and blood, but against rulers, against the powers, against the world forces of this darkness of this world, against spiritual forces of wickedness in heavenly places."

We can also have confidence because God "rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins" (Colossians 1:13).

Many Christians do not like the warfare imagery in the Bible, but that is how the spiritual life is described. We need to prepare for this spiritual battle even if we would like to ignore the battle for truth and error as well as the battle for life and death that is taking place around us.

Third, the Bible tells us that to prepare for battle. We must wear the right armor and have the right weapons, which include truth, righteousness, the gospel, faith, salvation, and prayer:

Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; in addition to all, taking up the shield of faith, with which you will be able to extinguish all the flaming arrows of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the Word of God. With all prayer and petition pray at all times in the Spirit (Ephesians 6:14-18a).

The Bible also calls upon us to be strong in the Lord. We should be steadfast in our resistance to the Devil. We do this by putting on the whole armor of God and resisting Satan. Ephesians 6:10-11 says, "Finally, be strong in the Lord, and in the strength of His might. Put on the full armor of God, so that you will be able to stand against the schemes of the devil."

The Three Ws

One way to understand the nature of spiritual warfare is to consider the three Ws: our walk, our weapons, and our warfare.

First let's consider our walk. Paul says, "For though we walk in the flesh, we do not war according to the flesh" (2 Corinthians 10:3). Our war is not an earthly one but a spiritual one. So even though we do walk in the flesh, our warfare is not fleshly.

We should understand that we didn't start this war but it has been going on long before we came on the scene. For a war to exist, there must be threat from those intend to harm others.

For the battle to be successful, those who are threatened must be willing to stand up and fight. Many wars have been lost because good people refused to fight. And many Christians believe that the reason Satan has been so successful in the world is because either (1) Christians have been unwilling to fight, or (2) Christians have not even been aware that there is a spiritual battle.

The second W is our weapons. Paul also teaches, "for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses" (2 Corinthians 10:4). One of the most important weapons of our warfare is the Word of God. Paul calls it the "Sword of the Spirit" (Ephesians 6:17).

We are also instructed to wear armor before we go into battle (Ephesians 6). We are to gird our loins with truth (vs. 14a). That means we need to define the truth, defend the truth, and spread the truth. We are also to wear the breastplate of righteousness (vs. 14b). That means we are to rely on the righteousness of Jesus and live holy and righteous lives. We are also to take up the shield of faith (vs. 16). When we have bold faith, we are able to extinguish all the flaming arrows

of Satan. And we are to take the helmet of salvation (vs. 17). We need to be assured of our salvation and stand firm in that assurance.

The third W is our warfare. What is the goal of spiritual warfare? Paul says, "We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ" (2 Corinthians 10:5). We cannot fight this war with physical weapons because our targets are not physical. They are intellectual and spiritual. So we cannot fight them with guns or planes or bombs.

The word "speculations" (which is sometimes translated "imaginations") refers to the mind. It includes our thoughts and our reflections. So we should challenge the false ideas that Satan has encouraged in the world by countering unbiblical speculations and proclaiming God's truth.

The World, the Flesh, and the Devil

How does spiritual warfare affect us?

When the New Testament uses the term "world," most of the time it is a translation from the word kosmos. Sometimes it can mean simply the planet earth (John 1:10; Acts 17:24). But when we talk about the influence of the world on our spiritual life and on our souls, we are talking about the worldly system in which we live. This world system involves culture and philosophy that is ultimately in opposition to God. That doesn't mean that everyone is evil or that the world's system is filled with nothing but error. But it does mean that the world can have a negative influence on our souls.

Paul warns not to be conformed to this world (Romans 12:1). He also warns us not to let our hearts and minds be taken captive to these false ideas: "See to it that no one takes you captive through philosophy and empty deception, according to the

tradition of men, according to the elementary principles of the world, rather than according to Christ" (Colossians 2:8).

The Bible teaches that many temptations come from the world's system. We read in 1 John 2:15-16, "Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world."

The second influence is the flesh. Like our previous term, the word flesh can have different meanings. Sometimes it merely refers to our body: our flesh and bones (Luke 24:39; Acts 2:26). In this context, however, flesh is a second area of temptation and thus an important instrument of sin. We see this in the fact that we are born with a sin nature (Romans 7:14-24; 8:5-9). It is part of our bodies (Romans 7:25; 1 John 1:8-10) even after we have accepted Jesus Christ. But the good news is that its power over us has been broken (Romans 6:1-14) so that we can have victory over sin (Romans 8:1-4).

A third influence is the Devil. The ruler and mastermind behind the world's system is Satan. He can use the various distractions of the world's system to draw us into sin, temptation, and worldliness. We read in 1 John 2:15 that "If any one loves the world, the love of the Father is not in him." So the Devil can use the world to turn our affections from God to the world.

Satan can also attack us through our flesh. He can entice our flesh with various temptations. We read in 1 John 2:16 that "For all that is in the world, the lust of the flesh, the lust of the eyes, and the boastful pride of life, is not from the Father, but is from the world." He can draw our attention away from God by manipulating the desires of the flesh.

Spiritual Weapons

The weapons of our warfare are spiritual because the battle we are fighting is spiritual. Paul clearly states this in Ephesians 6:12: "For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places." This is a spiritual battle that takes place in the heavenly places.

We should also realize that we are not warring against flesh and blood but against a spiritual enemy. So even though we might be tempted to think that people are our real enemy, our real enemy is Satan and his demons. People are merely pawns in the heavenly chess game being played out in our lives and in our world.

Paul tells us that "though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses" (2 Corinthians 10:3-4). So what are those weapons? It is interesting that Paul does not give a list to those who he is writing to in the church in Corinth. Therefore, we must assume that they were already aware of what those weapons are based on other letters Paul wrote to the various churches.

One obvious weapon is the weapon of truth. Believers are given insight into both the earthly realm and the heavenly realm because of what has been revealed in Scripture. We know what is behind the forces we wrestle with (Ephesians 6:12).

Another weapon is love. In fact, the Bible links truth with love ("speaking the truth in love" —Ephesians 4:15). Love is also a very powerful weapon in this spiritual warfare that we encounter. We should not approach people with anger or judgmentalism. But we must understand how important love is in dealing with others (1 Corinthians 13).

A third weapon is faith. Faith is defined as "the assurance of things hoped for, the conviction of things not seen" (Hebrews 11:1). Notice that faith is a conviction of things that are not seen. This is an important attribute since spiritual warfare is an invisible war. Faith is the recognition of this invisible world and the confidence that God is still in control.

And a very important weapon is prayer. We are told in 1 Thessalonians 5:17 to pray continually (some translations say to pray without ceasing). We are exhorted to pray about the circumstances we encounter and to use prayer as a weapon in our spiritual battle. When Paul talks about Christians putting on the armor to fight spiritual battles, he says that "with all prayer and petition" we are to "pray at all times in the Spirit" (Ephesians 6:18).

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"How Do I Do Spiritual Warfare?"

I've heard several "spiritual warfare" stories before. My pastor says "stay away from that which is dangerous," and I understand why he says that. But how do I keep away from having an unhealthy focus on such things, without completely ignoring it? Also, what exactly is spiritual warfare? Why does it happen?

I'm so glad you asked! Your pastor is right to counsel you stay away from that which is dangerous; however, when you find yourself in the midst of a battle zone and you don't have any CHOICE about being where it's dangerous, the best thing to do

is to be armed and educated about how to protect yourself! A wise teacher once said that the Christian life is like living in a war zone. We don't have any choice about where to live, but we can protect ourselves in it!

What's unhealthy is to be focused on demons; what's healthy is to be focused on Christ and especially on who you are in Christ, the authority you have in Christ, and the importance of staying in moment-by-moment dependence on Christ. (Yes, it IS hard! Which is why we need to do it in the power of the Holy Spirit and not our own strength.)

Spiritual warfare is understanding that as believers, we are under attack by "the spiritual forces of wickedness in the heavenly places," and using the spiritual armor and weaponry to withstand the attacks on our faith. The above phrase comes from Ephesians 6:12, and that whole paragraph (verses 10-18) describes the spiritual armor available to us as believers.

LORD: Is It Warfare? Teach Me ^{to}Stand

There is an EXCELLENT book and Bible study by Kay Arthur called *Lord*, *Is It Warfare?* that I strongly recommend for you. She not only handles the scriptures well but gives good illustrations to help the reader understand what's going on.

Finally, why does it happen? Because Satan really hates God and hates God's people. He has lost the war and knows it, but he's going to inflict as much damage on God's people as he can before going down. He can't keep us out of heaven, but he can distract us from concentrating on Christ by throwing doubts about God and about our faith at us. The thing to never forget is that Satan (and his legions of demons) is a defeated foe who was stripped of all weapons by Jesus when He died on the

cross (see Col. 2:15). All he has left is "wiles" or "schemes," which means he whispers lies and questions to us. The battleground for spiritual warfare is the mind, which is why it's so important to be transformed in the renewing of your mind and diligently pursue a Christian world view so you know what is true about God, yourself, and reality.

I hope this helps.

Sue Bohlin Probe Ministries

Apologetics and Spiritual Skirmishing

Kyle Skaggs urges Christians to use the spiritual armor of Ephesians 6 in engaging in apologetics.

As I was working towards my degree at Dallas Baptist University I did volunteer work with an online ministry. There, I encountered people from all walks of life; all of them having questions about Christ and Christianity. For a while, I was doing well. I found joy in encouraging and counseling other believers. I also learned to tell the difference between non-believers who were willing to listen and those who were only there to argue.

Around a week from graduation I logged to the ministry's website feeling confident. I'd spent hours reviewing various arguments and counterarguments, I was certain I would use what I had learned over four years to lead the conversation to the Gospel. This was not what happened. Instead, the people I talked to became either confused or frustrated before leaving.

Figuring I was just having one of those bad days, I thought nothing of it. The same thing happened the next day. Now I was conflicted. I wondered why I was ineffective, because everything I said was supported by Scripture, so I logged off and puzzled over what I was doing wrong. While I was lost in my thoughts, a very clear voice in my head said, "You cannot lecture people into the Kingdom of God." I had forgotten 1 Peter 3:15; "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect..." That rebuke from the Holy Spirit sent me on a journey of reflection on the spiritual skirmishes that we so easily lose sight of in our daily routine.

Spiritual Warfare

"Enemy-occupied territory—that is what this world is. Christianity is the story of how the rightful king has landed, you might say landed in disguise, and is calling us all to take part in a great campaign of sabotage." {1} Our adversaries are the rulers, authorities, and the powers of this dark world. (Ephesians 6:12) Every ideology, philosophy, and worldview not of the Gospel is controlled by the spiritual forces of darkness.

The devil knows his time is short (Revelation 12:12), so he is intent on dragging as many souls down with him as he can. To his annoyance, if you have already been saved by grace through faith, and are now saved, you are called to make disciples of all nations (Matthew 28:19). He is resourceful, and if he can't stop you from having a relationship with God, then he will use every trick to make you as ineffective as possible in your walk with Christ, and in evangelism.

The Devil and his forces are relentless. Whenever we attempt to evangelize, every gap in our defenses can and will be exploited. How are we Christians to contend with these forces of darkness? Paul tells us to put on the full armor of God so that we can take our stand against the Devil's schemes. Let's take a look at the parts of the spiritual armor God provides.



The Belt of Truth

First, we must remain grounded in the truth. Ephesians 6:14 refers to the Belt of Truth, which holds our equipment within easy reach. When we face an enemy whose only weapons are lies and deceptions, we have the advantage. We have nothing to hide! All we need to do is tell the truth!

To wear the belt is to be ready. There has been increasing pressure to ignore fundamental Christian teachings for the sake of convenience. Do not do this. Know your scripture and gird yourself in the truth of the Gospel.

The Helmet of Salvation and the Breastplate of Righteousness

Second, we must wear the helmet of salvation (Ephesians 6:17) and the breastplate of righteousness (6:14) to turn aside any attacks that slip through our defenses. In those days, just as it is now, the helmet and breastplate are essential equipment to protect the head and the heart, and just one of the things separating the true soldier from the levy and the ad hoc

militia.

In the same way, the certainty of our salvation and the righteousness of Christ are key pieces of our armor. As I have said before, Satan is ruthless. He will use every sin you have committed to shift your focus away from those who need Christ, and onto yourself. Being assured of our salvation and our righteousness before God is our greatest defense against these attacks.

The Gospel of Peace

What made the Romans such a formidable force? Discipline and adaptability. Being able to march long distances and maneuver across a variety of terrain. Timing and distance determine the victor of any confrontation. To do this, they needed shoes that were durable and able to grip the ground firmly.



With the readiness that comes from the Gospel of Peace (Ephesians 6:15), we can rapidly move to where the Lord needs us. "[God's Soldier's] movements are dictated by the needs of the Gospel witness." {2}

The Shield of Faith



We are also told to take up the Shield of Faith (Ephesians 6:16) to extinguish the flaming arrows of the evil one. The favored shield in the time Ephesians was written was the Roman scutum, a large shield that protected most of the soldier's body,

enabling the Romans to protect both themselves and each other in tight formations without sacrificing their defense when fighting in looser formations. Most deaths in ancient battles occurred after, during, and after a rout. Therefore projectiles were used to disrupt and to instill fear before the two sides met in melee. Standing firm against hails of projectiles was key to surviving the battle.

It is the same with all believers. Our faith is our primary defensive and offensive tool. People who have faith in Christ are willing to risk being made to look foolish. They are confident in the hope they have in Christ, and are therefore enabled to do great things. People who act out of faith inspire others to do the same. Our faith also protects us from the feelings, falsehoods, and ideas the Devil likes to use to discourage us. If we are discouraged from our walk, then we have already lost.

The Sword of the Spirit

Finally, Ephesians 6:17 refers to the Sword of the Spirit, or the word of God. In conjunction with the scutum was the gladius, a short sword primarily used for thrusting and short cuts. It was the legionary's primary weapon. After throwing their pila (specialized javelins) to disrupt the enemy formation, the Romans drew their swords and closed the distance to engage in



hand-to-hand fighting. Their armor and discipline enabled them to weather the brutal melee far better than their opponents. Ideally, this caused the enemy to rout.

There is a good reason the word of God is described as a sword in other passages. It is absolute truth. Revelations 9:15 and Hebrews 4:12 describe God's word as a double-edged sword. In Hebrews, Paul says "it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Like a sword, learning to use God's word effectively requires constant training. Christians should therefore study and seek to live according to the word so they can stand firm when confronted by the Enemy.

By being willing to close in, to deliver the word of God straight into the heart of the matter, shrewdly providing an answer for our faith with gentleness and respect, we can establish common ground with those who do not know Christ, thus opening the way for them to hear the gospel. We do this knowing full well that friends and even family may hate us for confronting the world. Because we are willing to push through, we are able to form relationships with people and show what it means to walk with Christ! As with Roman equipment in Jesus' day, the armor of God is tailor made to allow us to safely close the distance with the enemy, and with the word of God,

drive them from the field.

All we have to do is put it on.

Notes

- 1. Lewis, C.S. Mere Christianity, 1952.
- 2. Ellicott, C. J. (1970). *Ellicott's commentary on the Whole Bible Volumes VII-VIII: Acts to Revelation*. Zondervan Publishing House. 1959.

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Living With an Eternal Perspective

Sue Bohlin considers several ways to develop a way of seeing our earthly life as part of the much bigger picture that extends into eternity.

What Does It Mean To Live With an Eternal Perspective?

Years ago, after spending his whole life on the mission field, a career missionary made his final trip home on a passenger ship. One of the other people on his sailing was a celebrity, and as the ship made its way into the harbor, all those on board beheld a huge throng of well wishers at the pier with signs and instruments to celebrate the famous person's return.

The missionary stood at the railing, watching wistfully, knowing that not a soul was there for him. He said, "Lord, I've served You my whole life.



Look at all the recognition and revelry for that famous person, and there's nobody here for me. It hurts, Lord."

He heard the still, small voice say, "You're not home yet, son."

I love this story that helps me keep in mind the big picture that includes the eternal, unseen realm, and the long picture that extends into the forever that awaits on the other side of death.

The apostle Paul had a firm grasp on what it means to live with an eternal perspective. We can especially see this in 2 Corinthians 4:16-18—

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

In these verses, Paul provides three aspects of an eternal perspective that kept him from losing heart, despite living with profound physical persecution and assault such as being hammered with stones, whipped by a cat-o'-nine-tails, beaten with rods, and shipwrecked. He knew what it was to go without sleep, food or drink, sometimes he was cold and naked. The man knew what it was to suffer! (2 Corinthians 11:23-29)

But Paul had a sort of spiritual periscope that allowed him to "see above" into the spirit realm while continuing to "live below" in this physical world. He saw the contrast between our bodies and our souls, how earthly affliction prepares us for glory, and the need to focus on the unseen and eternal rather than the seen and temporary.

Paul's Eternal Perspective

The apostle Paul showed us in 2 Corinthians 4 that he understood what it was to live with an eternal perspective. He understood that our bodies can be growing older and weaker on the outside, while our spirits are growing stronger, brighter, and more mature on the inside. I get that; as a polio survivor who has also needed both my hips replaced, I am very aware that I keep getting weaker the longer I live in this compromised body. But I also know the beauty and glory of Jesus making me more and more like Himself, day by day, so by His grace I can keep growing in vitality and joy on the inside! I may have diminishing energy in my body, but my spiritual energy capacity keeps getting bigger!

Paul also understood that the hard parts of living in a fallen world, much less living with the pains and trials of persecution, are merely a "light and momentary affliction" compared to what's waiting on the other side: an eternal weight of glory beyond all comparison. Even horrible pain on earth is still "light and momentary" compared to the infinite length and glory of eternity with Christ. We can see how the Lord Jesus modeled this understanding as He faced the cross, and Hebrews tells us that He "despised its shame" because He was valuing the glory of the joy set before Him (12:2)

And Paul understood that we can shift our focus from the visible and temporary things of this world, to the unseen and eternal things of the spirit realm. We have to work at seeing the unseen and eternal. We do that with the eyes of our hearts (Ephesians 1:18). We do that by training ourselves to view everything through the lens of God's word.

I've been working at developing an eternal perspective for years. For me, it's about connecting the dots between earthly things and heavenly things.

I look at earthly things and wonder, "How does this connect to

the spirit realm? How does this connect to what is unseen and eternal?" For examples, look at my blog posts, such as Glorious Morning Glories [probe.org/glorious-morning-glories/], Back Infections and Heart Infections [probe.org/back-infections-and-heart-infections/], Cruise Ships, Roller Coasters and Attitudes [probe.org/cruise-ships-roller-coasters-and-attitudes/], and Blowing Past Greatness [probe.org/blowing-past-greatness/].

Jesus' parables are the world's best examples of using the physical to provide understanding of the eternal. He was always connecting the dots between the things He was surrounded by-different types of soil, lost coins and sheep and sons, a wedding banquet—and explaining how these things related to the Kingdom of Heaven.

One of the most important prayers we can ask is, "Lord, help me see Your hand at work"—and then intentionally looking for it. For years I have kept a "God Sightings" Journal where I recorded evidence of God intervening in my life and the lives of others I have seen. I love to ask my friends and mentees, "Do you any God Sightings to share?" to help them identify the hand of God in their lives.

An Eternal Perspective on Suffering

As we talk about living with an eternal perspective, let's remember that we live in a permanent battle zone of spiritual warfare. We have an enemy who hates us because He hates God. He and his fellow demons continually attack us with lies and deceptions. Some are personal, but many of them constitute the cultural water we swim in.

When we forget that we live in a culture of anti-God, antitruth, it's like going out in our underwear, needlessly exposing ourselves. Living with an eternal perspective means staying vigilant, donning our spiritual armor (Ephesians 6:10-18) and using it to fight back against the lies of the enemy.

Spiritual warfare is HARD. It means suffering. Sometimes physical, most often mental—because spiritual warfare is waged on the battlefield of the mind. But the suffering of spiritual warfare is temporary, because the vast majority of the believer's life will be spent in heaven where warfare of all kinds will be a distant memory.

But for right now, suffering is still part of life, and developing and maintaining an eternal perspective really helps us remind ourselves of the larger truth. Romans 8:18 says that "our present sufferings are not worth comparing with the glory that will be revealed in us." Being faithful when we're suffering means glory in the future.

My friend Holly has battled cancer three times on top of the horribleness of cystic fibrosis. She suffers literally every day of her life. Yet, with a beautiful, godly stubbornness, she reminds herself of what is true: "What if the worst thing happens? Oh wait, it can't. The worst thing that can possibly happen to anyone is to die apart from Christ and spend eternity in torment. For me, to die means instant joy and relief in the arms of my Savior!"

Like <u>Joni Eareckson Tada</u>, my friend Chris has lived with quadriplegia for almost fifty years. What comes to mind when I think of Chris is two words: "sweet joy." Because of his eternal perspective, Chris knows his suffering is temporary, and he chooses not to give into self-pity. People are drawn to him like honey because of how he radiates Jesus.

And then there's me. I've lived with a disability my whole life. As a polio survivor, I have walked every step with a very noticeable limp. Living with an eternal perspective means that, by the grace of God, I know I will receive a beautiful, strong, perfectly healthy resurrection body in heaven. My

polio days are limited, but my resurrection body days will be unlimited! Meanwhile, I get to see God use my disability for His glory and others' good in ways I never would have imagined. It really is okay!

Remembering the Long View

Another aspect of living with an eternal perspective is focusing on the reality that our time on earth is short, especially compared to the never-ending life on the other side of death.

One of my favorite questions is to ask, "A hundred years from now, when you are face to face with Jesus in heaven, what do you want to be glad you chose today? Indulging your flesh and doing whatever you think will make you happy right now, or making choices that honor God and bless other people?"

Probably my favorite question remains an essential part of my eternal perspective: passing everything through the grid of the great question, "In the scope of eternity, what does this matter?" [probe.org/in-the-scope-of-eternity/] The frustrations of traffic? Not getting our way? A loved one who does not know Christ? The answer determines what is worth getting upset about, what we should just let go, and where we should be investing time in prayer.

We can remember the long view by pre-deciding now that we will use our earthly days fully, engaged in ministry, as long as God gives us breath.

Years ago, my view of living with an eternal perspective was shaped by the story of a lady who decided to start college in her 70s. When they asked her why she would do such a thing when her life was basically over, she said, "Oh no! It's not over! I'm preparing for the next part of my life in heaven! The more equipped I can get on earth, the more ready I'll be for what the Lord has for me on the other side!"

Another lady was homebound because she was so disabled. She got the word out that every afternoon, her home was open for anyone who needed prayer. Some days it was like there was a revolving door, so many coming and going! She had a vibrant ministry in the waning days of her life because she was determined to use her remaining earthly days fully, to the glory of God.

One of my friends is a TSA [Transportation Security Administration, part of the U.S. Government] agent at a major airport. She diligently reminds herself daily that every traveler who comes through the security line is infinitely valuable because they are made in the image of God, and Jesus died for them. She showers kindness on them because they are so important. One of her co-workers, for whom work is just a job where he punches a time clock, once told her, "In twelve months you'll stop being nice to everyone." We don't think so. (Especially since she's already had this job for several years.) She works at maintaining an eternal perspective, seeing the unseen.

In the time you have now, live well, to the glory of God. Keep reminding yourself that everything we do now has an eternal impact. Our choices, our behaviors, our words, ripple into eternity. Which is why we need to seek to do everything for the glory of God.

Eternal Perspective is What God Sees

As a mom of littles, Nicole Johnson was feeling sorry for herself when she met with a friend who had just returned from Europe. She writes,

"My friend turned to me with a beautifully wrapped package, and said, 'I brought you this.' It was a book on the great cathedrals of Europe. I wasn't exactly sure why she'd given it to me until I read her inscription: 'With admiration for

the greatness of what you are building when no one sees.'

"In the days ahead I would read—no, devour—the book. And I would discover what would become for me, four life-changing truths, after which I could pattern my work:

- "1) No one can say who built the great cathedrals—we have no record of their names.
- "2) These builders gave their whole lives for a work they would never see finished.
- "3) They made great sacrifices and expected no credit.
- "4) The passion of their building was fueled by their faith that the eyes of God saw everything.

"There's a story in the book about a rich man who came to visit the cathedral while it was being built, and he saw a workman carving a tiny bird on the inside of a beam. He was puzzled and asked the man, 'Why are you spending so much time carving that bird into a beam that will be covered by the roof? No one will ever see it.'

"And the workman replied, 'Because God sees it.' {1}

Living with an eternal perspective as we make choices and invest our time to glorify God is like building a cathedral that we won't be able to see finished.

It means living with the long view in mind, aware that the things we can see, hear, and feel are temporary, but the spiritual realm is permanent.

An eternal perspective means that the things you do that no one sees but God—the unseen and eternal—they matter!

God tells us in Isaiah that our purpose in life is to glorify Him (43:7). Paul puts a point on this in 1 Corinthians 10:31:

"Whether you eat or drink or whatever you do, do it all for the glory of God."

And that's the key to living with an eternal perspective.

Notes

thejoysofboys.com/monday-motivation-the-invisible-mom/

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Trusting God on the Other Side of Bizarre

In my last blog post, <u>Trusting God in the Bizarre</u>," I shared how a diagnosis of tongue cancer had blown up my world and how I was wrestling with <u>my fear</u>—again—of pain and suffering.

It has now been 11 weeks since a surgeon removed a third of my tongue. I am still healing, both my tongue and my neck, from which he removed 20 lymph nodes—which were cancer free. I still thank the Lord for that graciousness. My speech is no longer impaired although it *is* affected. I sound like I have a cough drop in my mouth when I talk, and the "s" sound is still a challenge.

Let me share with you what "Trusting God in the Bizarre" looks like on the other side of surgery.

I continue to believe that this cancer is a form of spiritual warfare, and it was a very personal attack as retaliation for continually speaking out about the goodness of God's design for sex, gender, and sexuality. According to Ephesians 6:13, the outcome of successful spiritual warfare is to *just stay*

standing. ("[W]hen the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.") I dug in my heels, so to speak, and determined to keep standing in the goodness of God, not allowing the enemy to knock me down. And to keep standing in my trust of His sovereignty, that a good and loving God is in control. As I praised Him for using pain as a sculpting tool to shape me like Jesus, my heart of thanksgiving repelled the enemy, for the Lord abides in the praise of His people (Psalm 22:3). I love the image of the God of light dwelling in the heart of the believer, because darkness cannot stand before light. It has to flee. And so did the enemy, as I thanked and praised God for His lovingkindness to me.

Before the surgery, I was pretty much terrified of the physically torturing pain that never came—a source of wonder and deep thanksgiving. What I was not prepared for was the emotional pain of soul-wrenching loss. The grief of losing my life before the surgery; the grief of losing a body part; the grief of losing my clear speech, which I had always taken for granted. In the first couple of weeks, my husband Ray told people at church, "She almost never smiles anymore," and when I did, it was lopsided, still affected by the surgery, the numbness, the cut nerves.

I journaled, I am depressed and sad and grieving and unhappy and feeling crummy. My life is not lost, it's put on hold. . . . STUPID HARD. That's my phrase for this. And the shock of it shows I'm blessed by how beautiful my life has been up to this point.

For two of those early post-op days I was deep in the weeds of grief, exhausted from frequent tears that came unbidden. Instead of a tissue box, I kept a stack of napkins next to my recliner and it was amazing how many I went through. Then the third day, I received such moving encouragement via texts from my son in California that tears of gratitude and appreciation flowed. I actually started to feel dehydrated from the crying.

When the fourth day proved to be tear-free, I was amazed by how much energy I had! What a poignant reminder of how exhausting tears are, and why people overtaken by tears need to be given extra-large doses of grace and compassion.

Before my surgery, I asked God to give me a handle to hang onto when I woke up and then afterwards, and He gave me this: "Be a window." I journaled, A window doesn't work at being transparent and clear, just as a branch doesn't work at receiving the life of the vine. I just need to ABIDE. I will have the IV right there as a visual reminder to be "actively passive" in receiving the Lord's life and letting Him shine through me.

Wincing internally because of my speech, I kept using the phrase, "I'm not ready for prime time," but the Lord showed me that oh yes it is. I noticed that when people knew about my tongue cancer surgery, they were able to understand me easily, not like strangers who didn't know and would ask me to repeat myself. He impressed on me that I am in a window of time, ever-closing as I slowly heal, where people are listening more closely to me than ever before. I don't know if God is anointing me, or if He's anointing the ears of people I'm talking to, but something special is happening.

When I realized that rather than putting my life on pause, waiting for "prime time," I am in a limited-time window of blessing, I prayed, "Please don't let me miss any opportunity You are opening for whatever You want to do through me?" Various doors opened to speak or teach—at church, at a women's luncheon, in a couple of classes at a Christian high school—and when I am able to share about recovering from tongue cancer surgery, people listen extra hard.

So the first direction I got from God was, "Be a window." Now that's been expanded to, "Be a window IN this window."

Before the pathology report for my lymph nodes came back

clear, I wrote:

I have been begging God for no cancer in the lymph nodes, but what if He says no? What if my path goes into the radiology unit?

God is good even when there is cancer. He loves me even if He has given a green light to more cancer. If He says yes to lymph nodes then He has a plan for me to bring glory to Himself through me, through my response. He will show others what the response of faithfulness and trust looks like, as I seek to "be a window." Lord, give me direction and wisdom in how to show YOU off without showing ME off. You know-oh, how You know!!—how I struggle with pride. I want to be the best example of a faithful suffering Christian—but I don't want to suffer to do it! Thank You for using this trial to make me more like Jesus. Thank You that I will look back on this "light and momentary affliction" (2 Corinthians 4:17) and think, "TOTALLY WORTH IT!!" Thank You that this is how I glory in my suffering (Romans 5:3)—by focusing on You and on what is true, and not the pain. Just as Peter needed to focus on You and not the storm when he walked on water.

I recorded several videos for social media to give updates on how I was healing and how I was sounding. In this one, I was transparent about the fact that sometimes I have a hard time with the "s" sound. But it struck me that there is more value in people seeing the Spirit-enabled grace of self-acceptance in the face of loss, than if my speech were unaffected in the first place.

https://www.facebook.com/559034244/videos/1924001134618178/

Several people have asked, "What do you think God wanted you to learn from this trial?"

I honestly don't think it's about gaining more information about God or learning more life lessons. I think it's about building my character and perseverance. I think it's about

growing my roots deeper in my dependence on Christ and maturing me spiritually, to make me more like Him. That's the spiritual fruit that the Lord wants to see His people bear, I think.

I'll keep you posted. *still a little lop-sided smile*

This blog post originally appeared at https://blogs.bible.org/trusting-god-on-the-other-side-of-biza rree on March 22, 2023.

Trusting God in the Bizarre

I have tongue cancer. Bizarre, right? I'm not male, nor do I engage in the particularly bad combination of both smoking and drinking, which are the big markers for this nasty invasion. In two weeks I am scheduled for surgery to remove the cancer by cutting out a big chunk of my tongue—which is a particular challenge and sadness for a professional speaker.

One of the things I have discovered is that, even without any drugs, the weight of this diagnosis and the upcoming difficult surgery and recovery has consumed a lot of my mental and emotional energy. Everything in my life has taken a back seat to this crisis.

Let me share some observations from my "Cancer Journey" journal, in no thought-through order because . . . see the above paragraph.

The oral surgeon who biopsied my tongue is a dear believer from church. When he delivered the bad news to me with amazing tenderness and gentleness, he was "Jesus with skin on" to me. I truly sensed the Lord was telling me through my doctor-now-friend that He was allowing this challenge that was going to be hard, and a lot of work, but He is with me. I was so blessed to be able to freely respond by asking, "Would you please pray for me?" And he did. The first of many, many prayers I have received.

Years ago, when an older friend got breast cancer, I asked her if she struggled with anger at God for letting this bad thing happen to her. She said, "Oh no! God has been so faithful and so good to me all these years of walking with Him, I know that He is allowing this for a reason. I trust Him." And that's why she didn't ask the "Why me?" question, either: living in a fallen world, why NOT her? At that time, I prayed, "Lord, I will continue to ask that You spare me from cancer, but if You don't, I am pre-deciding to respond the way Delores did." So I didn't have to work out my response when the diagnosis came.

My primary care doctor told me a long time ago to stop diagnosing myself; I'm never right. (And not to consult with Dr. Google either.) But that's what I had done concerning the soreness on the side of my tongue that has lingered for months. Two dentists advised me to see an oral surgeon and possibly get it biopsied, but I was so sure it couldn't be cancer that I dragged my feet following through. I am fully repenting of "leaning on my own understanding" (Proverbs 3:5) and diagnosing myself. And I now have a fuller understanding of why self-sufficiency is a sin . . . and I'm repenting of that too.

Early in this cancer journey, Jesus spoke to my heart through Revelation 2:10—"Do not fear what you are about to suffer." I know He was addressing the church in Smyrna with that verse, but He pretty much burned it into MY heart when I read it one morning. He knew that, being a pain weenie, I was going to struggle with fear. I have to keep reminding myself of what to do with my fear: Psalm 53:6 says, "When I am afraid, I will trust in You." And in these days of Advent, I get to be

reminded frequently through Christmas music that Jesus is Immanuel, "God with us." I need to trust Him; I need to trust IN Him; I need to recall Isaiah 43:1-5, where He says, "Don't be afraid, for I am with you." Just like I used to soothe my frightened children when they were small with, "It's OK, it's OK, Mommy's with you."

One night as I prepared for bed and took my evening medication and supplements, I realized that taking oral pain meds post-surgery is going to be a challenge with a crippled tongue. Then I realized that I am going to be losing a body part, and I need to grieve that. The next morning, on the phone with our church's women's pastor who was checking on me, I shared about this realization. As she prayed for me, choked up with compassion, my tears started to fall. The moment I hung up, great heaving sobs overtook me. And I grieved.

(As hard as it was on me, losing a body part because of disease, I also cried out of anger that the enemy has deceived so many people, especially young people, into thinking that they would be happy if they would just have perfectly healthy body parts amputated. I cried out of compassion for their inevitable double grief of not only losing a healthy body part, but the eventual realization that they were lied to about what would fix everything in their thoughts and feelings. And that evil spirits laugh at their pain.)

Instead of a women's Christmas Coffee at church, we were blessed to have 25 hostesses open their homes in multiple cities and multiple zip codes for 25 teachers to share the same basic message that each of us made our own. In my final point, about abiding in Christ, I was able to hold up an IV bag and tubing to illustrate what abiding is like: Jesus said He is the vine, we are the branches. Our job as branches is to stay connected so His "supernatural sap" can flow into us. Just like when we're hooked up to an IV, our job is to stay connected. I asked my hostess's husband to record that part of my message as well as my application about abiding in Christ

as I wrestle with this cancer. I was able to edit it down to 6 minutes and post it on Facebook with a request for prayer.

https://www.facebook.com/559034244/videos/703017111419005/

Now on my own Facebook feed, I see a very limited number of people's posts. But somehow (cue God to show up) my post made it to hundreds of people's feeds, and 400+ comments and over 3600 views of the video later, I am being prayed for—a LOT! Thank You Lord!

And I need the prayers. I think the cancer is spiritual warfare that God is allowing for His glory and my good. And for other people's good as well, though I may never see it on this side of eternity. One of my friends said, "You are outspoken and the enemy wants to silence you. What better way than to go after your tongue?" On top of the attack on my body, I've also wrestled at times with fear about the pain. I think it's a spirit of fear. (I've been here before: see my blog post "I'm Scared, Lord.")

But God . . . because He loves me . . . just gave me a connection on Facebook with a young lady who is not only recovering from the same tongue cancer surgery, it was done by the same surgeon as mine! She has encouraged and reassured me about the pain management. We look forward to meeting face to face soon. That is a Christmas gift from the Lord, and it's part of His answer to the prayers of many people.

I have been in this place of experiencing peace from the prayers of God's people before. My last trip to Belarus, before I lost the ability to walk, I posted a request for people to pray daily for me for "stair grace." There are few elevators in Belarus, and the building where we were staying and teaching had two flights of stairs I had to climb several times a day. I asked for 10 people to pray, and 70 promised they would support me through prayer. And boy did they ever. It was amazing how easy it was to go up and down stairs for

almost two weeks.

Until the last day, on my last stair climb, when I sensed the Lord telling me, "I have been answering your friends' prayers for stair grace all this trip. Now I'm going to remove the grace so you can experience what it would have been like without the enabling grace." And. It. Was. HARD!!! I was sore, I was out of breath, my polio leg yelled at me. So I know the huge difference prayer makes, and I am so grateful for the prayer support I've already received. I am desperate for the prayers of God's people!

The story continues . . . in God's loving hands. . . as I continue to trust Him in the bizarre.

This blog post originally appeared at

<u>blogs.bible.org/trusting-god-in-the-bizarre/</u> on December 20, 2022.

"How Would You Respond When Someone Prefers to be Called by Their Opposite Gender?"

Sue, my friend texted me this:

"How would you respond (or how have you responded) when someone prefers to be called by their opposite gender? I had a man correct my daughter (she's only two, almost three) today because she referred to him as 'he.' I told him out of deep love for him I could not in good conscience refer to him as

'her' but how do I explain that to an almost three-year-old?"

I answered, "Oh wow. That hasn't happened to me yet. My big kids know and we said that sin clouds their judgment and how they see/feel so they think they will be happier living life as a different gender, but then we remind them that God doesn't make mistakes and He chooses gender. He made us in His image (like Him) and His design is perfect . . . people mess it up, not Him."

I tried, but would love to learn from your response also!

Sweet friend, LOVE your answer!! I would explain that sometimes people are confused in their thinking. God made that man a boy and so that is what we call him.

How do you lovingly respond to the gender confused person?

It depends on how the conversation goes, but I would remain warm and cordial while not backing down by embracing a delusion.

Think "The Emperor's New Clothes." Just because everyone appears to be celebrating something that doesn't make sense, doesn't make it true. And just as the crowd shushed the little boy who piped up with what everyone could plainly see—the emperor didn't have any clothes on at all—people are being shushed and canceled when they speak up about the transgender delusion.

One of the reasons the transgender folly continues is people going along with the game of pretend. (And when I say "transgender folly," I am referring to the ideology, not the people caught up in it who need compassion, not judgment. I believe they are objects of spiritual warfare, being attacked by the enemy of our souls through an insidious lie. Just like in Genesis 3.)

When the man crossed the line to correct a stranger's little

girl, he escalated from confused soul to transgender activist. And activists want the whole world to agree with a delusion. A lie. And we need to push back.

If it were me, I would suggest saying to my child, with a kind voice, "This man is playing a game of pretend, but we're not playing that game." This of course would infuriate the man, but he is deliberately pushing an agenda of unreality on the world in general and my child in particular, and that's not okay. It's my responsibility to teach and defend truth to my children, and here's a guy lying to my child and instructing her to participate in that lie.

It's one thing to present oneself as the other sex, and quite another to cross the line into "incorrecting" a child who could see for herself that he was male! I would let my Mama Bear come out—with gentleness and respect, as 1 Peter 3:15 says—but firmly stating the truth in the face of an egregious lie.

Blessing you, Sue Bohlin

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What a Biblical Worldview Looks Like

Sue Bohlin explores elements of a way of looking at life that provides a biblical world and life view.

What Is a Worldview?

A young Christian couple I know married with high hopes for the future. Within three years they were divorced; the husband handled his hatred for his job by snapping at his wife and retreating to online gaming, and the wife shut down her heart to him and opened it to someone else.

In her book <u>Total Truth</u>, Nancy Pearcey tells of a Christian lawyer whose job was to find loopholes in the contracts with clients his law firm wanted to get rid of—that is, which enabled his company to break promises.{1} She tells another story of a



Christian who worked at an abortion facility and never saw any conflict between the Bible she studied and its command not to murder. {2}

This disconnect between biblical teaching and the way it's lived out is not just an American problem. Many African Christians go to church on Sundays and pray to Jesus for healing or prosperity, but when He doesn't answer the way they wanted, they go to the village witch doctor.

All these people profess to be Christ-followers and agree that the Bible is the Word of God, yet they don't view reality or live out their lives as if Jesus were Lord and the Bible is true. They don't have a biblical worldview. They don't "think Christianly."

Nancy Pearcey writes, "'Thinking Christianly' means understanding that Christianity gives the truth about the whole of reality, a perspective for interpreting every subject matter."{3} It means we learn to interpret everything in light of its relationship to God. The title of Nancy's book, *Total Truth*, reflects her premise: that Christianity is not just a collection of religious truths, it is *total* truth. Thinking Christianly—which equips us to then live out a biblical worldview—means we understand that natural and supernatural

are seamlessly woven into one reality.

Our worldview is like an invisible pair of glasses through which we see reality and life. If we have the wrong prescription, the wrong beliefs and assumptions, what we see will be fuzzy and undependable. If we have the right prescription, we will see things as they are. The prescription of these glasses consists of our beliefs and the things we assume to be true. These beliefs and assumptions comprise the filter through which we experience and interpret life. And we all have a filter.

For example, let's say you walk into a Walmart and discover you are their zillionth customer. Balloons drop, strobe lights go off, and you are handed a \$1000 gift card, a trip to Disneyworld, and the keys to a new car. Your worldview will determine how you interpret that event. If you believe in fate, you will think, "It's my lucky day! The stars are shining on me!" If you believe in only this physical, material universe, you will think, "Nice, but it's a totally random and meaningless occurrence." If you believe that Jesus is Lord over everything, you will think, "I so do not deserve this gift of grace, but I thank You for it, Lord. How do You want me to be a good steward of this amazing blessing?"

Everyone has a worldview, even though most people aren't aware of it. We believe a biblical worldview is the right prescription for both living and understanding life.

Creation, Fall, and Redemption

My friend Dr. Jeff Myers of Summit Ministries says, "[A] person's worldview is his default answers to life's most pressing questions: Where did I come from? How should I live? What happens when I die?, and How do I know my answers to these questions are true?"{4}

We all buy into an overarching story that explains much of why

things are the way they are. For example, people who believe in traditional folk religion (animism) believe there are spirits connected to every physical item and event and place, and this way of looking at life shapes their response to the things that happen in life. People who embrace pantheism—a view of life that sees everything connected as part of a divine but impersonal force with no personal God and no distinctions between good and evil—will respond differently.

If we draw our worldview from the story of God's dealing with mankind from the Bible, a helpful way to structure it is terms of creation, fall, and redemption. They answer the big three universal questions: Where did we come from? Why are things so messed up? How can it be fixed? Everything that exists and everything that happens falls into one of these categories.

Creation answers the question, where did we come from? as well as a basic philosophical question, why is there something rather than nothing at all? God created us in His image for the purpose of having a relationship with us, and He created the universe and our world as well. This explains the exquisite design we see in the human body, right down to the molecular machines inside cells. Creation explains why the earth is so finely tuned for life—just the right distance from just the right kind of star and the right kind of moon, just the right temperature for liquid water, just the right kind of atmosphere for us to breathe.

The relational God, whose very being consists of Father, Son, and Holy Spirit, created us in His image to draw us into the circle of divine mutual love and fellowship and delight. The reason we are here is so God could lavish love on us by sharing Himself with us and inviting us to participate in the divine life. That explains why we are so relational, and why we need and enjoy other people. It explains why we are hardwired to be spiritual—because He made us for Himself, and He is spirit. He created the universe and our planet as an expression of His love and glory, and because physical people

need a physical place to live. A beautiful God creating us in His image explains why we love beauty in the world, in art, in music, and in every other expression of human culture.

The Fall answers the question, what went wrong? Adam and Eve's rebellion against God brought sin into His marvelous creation, resulting in brokenness, blindness, and nothing working the way it did in the perfect, pre-fall world. The fall explains why death feels so unnatural, why there is suffering and sickness. It explains why there is moral evil like murder, rape and theft, and why there is natural evil like earthquakes and tsunamis and tornadoes. Many people are angry at God at these things. But they are all effects of the fall. He didn't create the world this way; we're the ones who messed it up. This fallen world breaks His heart far more than it breaks ours.

The good news is *Redemption*. God is working to set things right and restore His damaged, distorted creation. This explains why our souls long for justice, for the wicked to face the consequences of their evil choices, and for things to be fair and right. A just God will fulfill our longing for justice. He will make the wrongs right and the shattered whole. Good will triumph over evil once and for all. God's promise of restoration explains why we still long for the perfection of Eden, even while we live immersed in a world and relationships that are far from perfect: He's going to bring it back. The Lord Jesus Christ, who came to earth as fully God and fully man, living as one of us and then dying in our place, rising again, and ascending back to the Father's right hand, promises He is making all things new (Rev. 21:5). God's got a plan and He's working it!

Living in Two Worlds

One of my favorite things to do is go snorkeling in the crystal clear waters of the Caribbean. When I'm wearing a mask

and a snorkel tube, I can float on the water's surface and enjoy the beautiful fish and corals that live in the underwater world. But I can also breathe air from the abovewater world. When I'm snorkeling, I get to enjoy two worlds, two spheres of life, at the same time.

This is a picture of what it looks like to live out a biblical worldview. Paul exhorts us to focus "not [on] the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal" (2 Cor. 4:18). We live in a physical world, but looking at life biblically also means living in awareness of the unseen, eternal spiritual reality that also surrounds us. Many believers make the mistake of living as if they were functional naturalists—as if the material, physical world were all there is.

Thinking biblically means staying aware and focused on the spiritual and eternal part of life, letting that guide our interpretation of physical and temporal events. That doesn't mean dismissing or denying the physical, living like some sort of ascetic who refuses to engage with the world; we just keep it in perspective.

I believe this is what the Lord Jesus intended when He said to "seek first the Kingdom of God" (Matt. 6:33). The physical world is so in-your-face about its reality—especially when we get tired, hungry, thirsty every day—that we don't have any trouble being aware of this sphere of life. But focusing on (or even just staying aware of) the unseen, eternal part of life, like donning snorkel gear and going face-down in the water, allows us to function in both worlds at the same time. Next time you're in a group where people share prayer requests, pay attention to how many of them are in the physical realm: health, finances, jobs, etc. These things are important, but according to Jesus' priorities, the Kingdom—the unseen realm where He is Lord—is more important. I wonder what would happen if our prayer requests started reflecting

this priority?

The seventeenth century monk Brother Lawrence lived out an important spiritual discipline he called "practicing the presence of God." When we do this, we are able to process the heartbreak of living in a fallen world and the apparent unfairness of what looks like evil winning. When we read what the prophet Habbakuk wrote, and what Asaph recorded in Psalm 73, we see what it looks like to remember that God is sovereign, and He is able to make all things work together for good for those who love God and are called according to His purpose (Rom. 8:28). It helps us see all people as beloved image bearers for whom Christ died, even the jerks who cut us off in traffic. It helps us remember that what may feel like a bizarre random event may actually be the attack of spiritual warfare. It helps us balance our now-fallen feelings, which were impacted by the Fall like everything else, with the truth of God's word. For example, one Christian woman filed for divorce from her husband with no biblical grounds, claiming that it must be okay since she didn't feel "convicted by God."

Thinking biblically means cultivating an awareness of the spiritual realm: the eternally important things, and the activity of God, angels, and demons. It's like going through life wearing snorkel gear!

Refusing the Sacred/Secular Split

Have you ever heard someone saying something like, "Well, I personally oppose abortion, but I would never say that it's wrong for anyone else because that's a private issue." Or, do you give ten percent of what you think of as your money to the Lord because that's His portion? Do you think of your spiritual life as time spent reading the Bible and going to church, but the rest of the week is yours? One of the ways Christians fail to live out a biblical worldview is when we buy into the false division of the sacred and the secular.

Thinking biblically means not only believing that Jesus is Lord at the moment of our deaths, but He is also Lord over every aspect of our lives and every aspect of His creation. He created this world, He owns it, He entered it, and He redeemed it. He created us in His image, and then commanded us to take the salt and light of our image-bearing influence into every aspect of life: business, science, law, education, politics, and art, to name a few. The "Creation Mandate" is found in Genesis 1:2:

God blessed them; and God said to them, "Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth" (emphasis mine).

Let's look at some examples:

- I've had a freelance <u>calligraphy business</u> for thirty years. Beyond showing honesty and integrity in my business dealings, there is also value in the beauty I bring into people's lives through my hand lettering as a reflection of God's beauty.
- All of my husband <u>Ray's</u> education is in biology. He lives out his biblical worldview by seeking to explore and understand God's creation through science, then explaining it to others in a way that gives glory to God.
- Christian educators who express a biblical worldview are teaching about God's world and God's truths whether they mention Him or not. Whether it's the glorious patterns of mathematics or the themes of great literature, the Lordship of Christ ties it all together.
- My son's undergraduate education was in art, and we loved seeing how he wove his biblical worldview into his art pieces. He suggests that a Christian artist has the opportunity to express both the brokenness of life in a fallen world as well as the hope and redemption found in

Christ.

• Christians in law can live out their biblical worldview by using their knowledge of the law to create protection for the weak and defenseless, to criminalize criminal behavior, and to codify making restitution, all of which are biblical values.

One element of living out a biblical worldview is refusing to compartmentalize life into our religious activities and then everything else, as if spiritual truth and concepts were unrelated to how we live our lives. One of my dear friends has lived in moral and emotional purity for three years after repenting of her lesbian relationship. The temptation can be strong some days, but she consistently chooses Jesus over her feelings. One day her supervisor, who goes to a large church, asked if she were gay. My friend replied that she used to claim a gay identity, but she's been emotionally and sexually sober for three years. Her supervisor asked why, and my friend said, "Because it's sin! It's not God's design or intention."

"Oh, it's not sin!" her supervisor cheerfully assured her. "God wants you to be happy! You just need to find the right girl and settle down." My friend is living out a biblical worldview; her Christian supervisor, who most definitely does not, relegates the Bible to religious topics that don't intersect with where the rest of life is lived. (Not only that: the Enemy used the supervisor's lies and wrong beliefs to harass my friend as part of an all-out spiritual warfare attack.)

Jesus is Lord, and He loves and provides for His creation through people, whether we are delivering milk or delivering babies, serving in the military or the government, growing corn or managing hedge funds, raising our family or even serving in ministry. It's all God's work and we get to share in it (1 Cor. 3:9). Just as we can't divide colors into sacred and secular, we shouldn't do it with the rest of life either.

Processing Life Through a Biblical Worldview

I said earlier that a worldview is like a pair of glasses that is comprised of our beliefs and assumptions through which we see and interpret life. My husband, Ray, and I got a chance to put our biblical worldview into practice a few years ago when someone ran a red light and slammed into his car. He sustained a concussion but, miraculously, no cuts or scratches or broken anything. It took almost a year for him to recover from both the impact on his body and the mental fuzziness of his concussion.

As we processed this accident and the difficulties that unfolded from it, we experienced the wisdom that comes from interpreting life according to the truth of God's word. Other <u>worldviews</u> would have interpreted this experience differently:

- Naturalism, the belief that the physical world is all there is, and there is no spiritual or supernatural component to life, would say, "Ray was in a car wreck, but there's no meaning to it. It was just another accident; everything is an accident without purpose. Whether he survived or had been killed, ultimately that wouldn't make any difference anyway since all of life is a random, meaningless existence."
- Pantheism, the belief that all of life is a spiritual reality and the physical world is an illusion, would say, "Ray, his car, the other driver, and her car, are all part of 'the one,' the unifying essence of the universe. All of these particulars are an illusion, since there is only one reality where everything and everyone is divine." And since many pantheists also share many of Eastern mysticism's beliefs, we would hear, "Ray must have done something terrible in a previous life to have experienced this trauma

in this life. He was working off his bad karma from an earlier existence."

• <u>Traditional folk religion (Animism)</u>, the belief that the spirit world is constantly manipulating life in the physical world, because there is a spirit or spiritual force behind every event, might say, "Ray must have made some spirit angry with him. He needs to say some magic words or burn some incense or build an altar or do something to get the angry spirit to not be angry with him anymore."

Since we seek to make the truth of God's word the pair of glasses through which we view life, our filter includes the question, what does God say about this? Together, we practiced responding to this trauma according to our Christian worldview.

The most important truth was that God exists, and He has revealed Himself to be all-powerful and all-knowing. That means that getting "t-boned" was not a random accident that just happened. We reminded ourselves that He was still sovereign; a loving God was in control, even though He allowed Ray to get hit and his car totaled by a driver without insurance. God is all-powerful and could have prevented the accident, but for some reason He didn't. We determined to trust Him even though He wasn't explaining Himself.

This was a very bad car wreck, and the witnesses couldn't believe he wasn't killed instantly. Instead, he was protected from serious injury. We have thanked God many times for His amazing protection that resulted in 100% recovery.

Ray experienced very real pain and suffering, but we know from the Bible where that comes from: the fall of man is responsible for most pain and all suffering. He was not troubled by the possibility that his suffering might be meaningless because there was no one "up there" or "out there" giving meaning to it, like the view of life that atheists and

agnostics have to face.

Ray's car wreck had a special impact on me. At the time, I was dealing with my fear for my son's safety since he was about to enter the Air Force during a war. Because Ray's car wreck happened just three blocks from home, God impressed on me that His protection has nothing to do with geography. The best place to be, the safest place to be, is in God's hand, and He has promised that no one can snatch us from His hand (John 8:28-29). I sensed Him impressing me that I could trust Him with my son the same way He protected my husband from lasting damage.

I hope this article helps you grow in your ability to think biblically so you can see life as it really is—one reality comprised of both the physical and spiritual, God's world, God's life—that He invites you into.

Notes

- 1. Nancy Pearcey, Total Truth: Liberating Christianity from Its Cultural Captivity (Wheaton, Ill.: Crossway Books, 2004), 31.
- 2. Ibid., 97-98.
- 3. Ibid., 34.
- 4. Email from Dr. Jeff Myers, April 19, 2011.
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The Lies You Hear About Transgender

Sue Bohlin exposes some of the lies being told about the transgender deception in our culture.

I am deeply concerned about how the cultural narrative about transgender keeps ratcheting up. I believe this is a massive display of spiritual warfare, where the enemy of our souls is screaming lies about gender and identity—especially to teens and younger and younger children. Jesus warned us that the devil's agenda is to "steal, kill and destroy" (John 10:10), and this deception about gender is, I believe, one of the most wicked and insidious deceptions he's ever come up with.

Consider some of the lies that have become commonplace:

"People can be born into the wrong body."

This represents a thinking disorder, not a biological problem. There is no such thing as being born into the wrong body; God creates each person's body exactly as He wants us (Ps. 139:13-16). There *is* a false dichotomy between the body and the person, as if they could be separated. But God makes us spirit/soul/body, a unified whole.

Studies have reliably demonstrated that the vast majority of children allowed to go through puberty resolved their discomfort with their bodies. There is something about going through puberty, with the massive hormonal changes that bring a child's body into adulthood, that resets the vast majority of discomfort-which is a normal part of adolescence. Change is uncomfortable for most people, but it's an essential part of being human. The best solution to gender dysphoria is "watchful waiting."

The idea of being born into the wrong body is as nonsensical as being born into the wrong species.

"If you are uncomfortable with your body, it probably means you're transgender."

Traversing the path from child body to adult body can be hard and confusing. There is a massive influx of sex hormones on top of significant body changes that can happen relatively quickly. No wonder there can be discomfort in the adolescent body!

Particularly in our highly sexualized culture, many girls are dismayed by the attention they receive from their developing breasts. One teenage boy told me that he hated the internal storm that higher levels of testosterone caused in his brain. These are normal degrees of discomfort. The solution to this kind of discomfort is to grow in resilience, not to embrace the magical thinking that being the other gender will solve the problem.

One parent made this insightful comment on the online Substack "Parents with Inconvenient Truths about Trans":

"I know we did it from love, but we raised a generation of children who have NEVER been uncomfortable. We've loved them and sheltered them and kept them from all harm, and then they hit puberty, which is inherently a time of uncomfortableness. Then we tell them that if they are uneasy about these changes they are trans. It's like we wrote a script for this to all happen." (pitt.substack.com/p/an-unremarkable-story-from-the-age/comments)

Kids who are uncomfortable with their bodies need compassion and understanding. They need to be reassured that "this too shall pass." They do not need to be given an untrue label.

"People are the gender they prefer to be."

Feelings do not determine reality. If someone feels like they want to be a cat or iguana or peacock, that doesn't make it so. Feelings need to be submitted to the reality of the world God created.

Transgender ideology elevates feelings above what is objectively true. That doesn't work with gravity; it isn't going to work with gender issues either.

Social contagion (especially those on Tumblr) results in massive numbers of teen girls identifying as trans. The same social pressures that have resulted in anorexia and cutting in the past are now producing huge numbers of girls declaring they are trans.

The very wise Abigail Shrier, author of Irreversible Damage: The Transgender Crazy Seducing Our Daughters, writes, "The teen girls susceptible to this social contagion are the same high-anxiety, depressive girls who struggle socially in adolescence and tend to hate their bodies." [Gender Ideology Run Amok | Imprimis (imprimis.hillsdale.edu/gender-ideology-run-amok/)]

"Transwomen are women."

No. People with XY chromosomes are male.

Only people who possess female biology are female.

Males who possess larger lung capacity, longer and stronger bones, higher metabolism, greater strength and speed than females, have an advantage over females.

People born male, who can only father babies and never give birth to them, are not women.

Men declaring they are women are trying to erase the boundaries of femaleness, which is a form of bullying and disrespect.

"Mental health issues and autism have nothing to do with transgender."

There is a very high prevalence of depression, anxiety, and self-harm in those identifying as trans. Instead of referring to a gender clinic, it would be wiser and more loving to investigate the mental health pressures experienced by those who say they are trans.

Many people embracing a transgender identity are on the autism spectrum; they already feel a lack of connection with others. It's not surprising they also feel a lack of connection with their own bodies.

"For those therapists (gender idealogues), the parents are the problem. Not the child's social anxiety, autism, irrational thinking, or social media addiction. No, the issue is mom and dad's refusal to embrace their teen's two-week-old identity and allow a kid to run the show." -Dr. Miriam Grossman, psychiatrist and therapist (thefederalist.com/2021/11/11/therapists-have-betrayed-the-parents-of-gender-confused-kids-and-therell-be-hell-to-pay/)]

"Social transitioning and medical transitioning (puberty blockers, cross-sex hormones) are reversible."

Pretending to be the other sex (social transitioning) can't be undone because it creates personal history. For example, a boy identifying as and pretending to be a girl lives a childhood of practicing lying about reality. He will never experience getting his first period as girls do because he will never menstruate. He cannot enter the world of females because he's not a female.

Medical transitioning—administering cross-sex hormones and puberty-blockers— results in:

- Deepened voice and hair loss in females
- Decreased bone and muscle growth
- Infertility
- Vaginal and uterine atrophy
- Preventing the body from maturing sexually (ending up with a child's genitals), which also prevents the possibility of normal sexual experience or pleasure
- Greater risk of: heart attack, endometrial cancer, testicular cancer, obesity

There are no longitudinal studies on use of puberty blockers

and cross-sex hormones in children. It is wrong and evil to make this promise when we just don't know the long-term effects of unnatural chemicals in the body.

Adults taking hormone replacement therapy, such as menopausal women and rare medical conditions, are warned of the health risks. Going on hormones that are natural to one's sex can make one a permanent medical patient. Going on hormones of the opposite sex will make one a permanent medical patient. (Which also means a vast, reliable stream of income to the pharmaceutical industry and the hormone-prescribing physicians.)

Amputating healthy body parts does not create the opposite sex, it mutilates one's body. Surgeries cannot be reversed. This is a particularly evil and heartbreaking lie.

"Not allowing someone to transition will make them commit suicide."

There is little evidence of this in children/teens. The few studies that exist were poorly constructed and poorly analyzed.

Kids are instructed via social media on what to say to get their way. Playing the suicide card is breathtakingly effective to get parents to give in.

In reality? A Swedish study discovered that those who transitioned were 19 times more likely to attempt or commit suicide than the general population.

We are called to speak the truth in love (Ephesians 4:15), not cooperate with a delusion or fantasy. The pro-transgender idealogues are lying, whether they know it or not. At the very least, they are being used as puppets by demonic forces that are out to hurt and destroy people loved by God, made in His image, and created with His good choice of either male or female.

This blog post originally appeared at blogs.bible.org/the-lies-you-hear-about-transgender/ on July 19, 2022.

Salt and Light Online

During the pandemic, I was honored to be asked to address a student leadership conference for a Christian school in the Philippines via Zoom. Looking over my notes, there isn't much here that doesn't apply to ALL of us with any kind of online connection.

In order to follow Jesus' call to be salt and light, and applying it to online life, I'd like to take a look at several dangers of the dark side of online life, as well as suggest ways to be wise in the use of this technology.

The Comparison Trap

I don't think anything has fueled the temptation to compare ourselves to others as much as social media. There is a wise saying that "Comparison is the thief of joy."

This is where our feelings go when we're caught in the comparison trap: to envy. To depression and anxiety.

A tranquil heart gives life to the flesh, but envy makes the bones rot. (Proverbs 14:30)

Anxiety in a man's heart weighs him down, but a good word makes him glad. (Proverbs 12:25)

The opposite of comparing is choosing contentment.

Keep your life free from love of money, and be content with

what you have, for he has said, "I will never leave you nor forsake you." (Hebrews 13:5)

Now there is great gain in godliness with contentment, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. (1 Timothy 6:6-8)

And one of the best ways to choose contentment is to train yourself to practice gratitude. Give thanks for what the Lord has allowed for you.

Whatever happens, give thanks, because it is God's will in Christ Jesus that you do this. (1 Thessalonians 5:18)

Dangers of Social Media Apps

One of the worst is Tiktok.

A 17 year old girl wrote: "The only thing worse that happened to me besides Tiktok was my family members dying . . . I would spend countless hours crying in my bedroom repeatedly watching Tiktok, telling myself I wasn't good enough."

Another girl told of starving herself to look like the people Tiktok decides are acceptable.

Tiktok destroys people's self-esteem. Millions of kids try to learn the dances to fit in or feel accepted.

There is a strong pro-anorexia and pro-bulimia presence, causing lots of girls to develop eating disorders because adolescents are particularly vulnerable to peer pressure.

The message on so many of the apps for girls is: If you want to be seen, heard, loved—show off your body. No one is valuing you for your heart or your mind or your passions, just your appearance. Just your body.

This is so dangerous! It's a lie that a girl's worth is in how

pretty she is or how thin she is or how sexy she is.

A person's worth is set by Jesus, who was willing to pay for each one of us with His life. He says, "I made you in My image, and that makes you infinitely valuable to begin with. Then I died for you, which proves you are infinitely valuable." THAT is true worth. It's set by Jesus Himself.

Many of the apps are also dangerous because sexual predators use them to trick kids and lure them into meeting, where bad things happen. So many victims of sex trafficking are drawn in on social media.

Another way social media is dangerous is because there's where so much cyber-bullying happens.

If you see someone being bullied, ask the Lord for help and be brave. Speak up and say, "That's not okay." There is power in just one voice! And report it-to whatever authorities have to do with how you know the person, such as school, or church, or the neighborhood. Keep inviting Jesus into the situation and ask for supernatural help.

Another problem with Tiktok in particular is a different kind of danger, concerning privacy and security.

One expert said, "Anytime Amazon, major banks, and the Department of Defense ban employees from using an app for security issues, it's time for everyone to uninstall the app."

You need to know that NOTHING you put on social media is private.

Other Emotional Dangers

The more time you spend online, the greater your risk of feeling isolated and taken to a dark place emotionally. Because of the pandemic's lockdown, depression and loneliness are at an all-time high.

Scrolling your social media feeds contributes to feeling left out.

Too much social media leads to disconnection and loneliness, and feelings of social isolation. Too much social media makes us feel inadequate because of the comparison thing.

A 2018 study published in the Journal of Social and Clinical Psychology revealed that those who limited their social media exposure to 30 minutes a day, reported that their depression lifted and their loneliness improved. Social media activist Collin Karchner, founder of the "Save the Kids" movement, kept hearing from U.S. students that they reported feeling better immediately after deleting their social media apps!

Another aspect of spending too much time online is that it can cause difficulty engaging in conversations in real life. Which of course fuels the loneliness further.

Purity

Probably the MAJOR pitfall of the Internet is pornography.

The fastest growing consumer of porn is girls 15-30. I found one statistic that 70% of guys and 50% of girls struggle with a porn problem. I think it's higher than that.

I understand that when apologist and speaker Josh McDowell offered a one-month discipleship program for Christian student leader, he learned that 100% of both guys and girls confessed to problems with porn.

Brain chemicals are released when viewing pornography and during sexual experiences. These brain chemicals are intended to bond husband and wife like emotional superglue, but when people use porn, they bond to the porn instead of an actual person.

This is a matter of spiritual warfare. The enemy of our souls is taking captive millions of Christians through pornography,

then beating them up with shame and guilt.

I plead with you, install a filter or an accountability program on your phone to help you stand against this attack on your purity.

And please, don't take pictures of your bodies. And most certainly do not send any pictures of body parts to other people!

You were bought at a price. Therefore glorify God in your body. (1 Corinthians 6:20)

The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife. (1 Corinthians 7:4)

Your body was bought by Jesus and it belongs to Him. It's not okay to give it away, even in pictures, to anyone except the person you have married.

What would being WISE look like, then?

First, recognize that this is a huge issue, especially in the Philippines. People in your country spend more time online than any other country in the world-almost 11 hours a day. You also spend more time on social media, over four hours, than any other country-twice the worldwide average.

It would be wise to choose to unplug yourselves so you can replenish your mental, emotional, and spiritual resources.

Jesus said in Matthew 16:24, "If anyone wants to come after Me, he must deny himself, take up his cross, and follow Me."

There has to be a choice to deny ourselves and say NO to the phone as a way of saying YES to Jesus.

Think about all the ways you stay tethered to your phone so it

controls you.

Get a real alarm clock and watch so you're not dependent on your phone to tell you what time it is.

At night, recharge your phone in another room so your sleep won't be disturbed by the sound and light of incoming messages and notifications.

Don't post on social media when you're emotional. Don't treat social media like a diary. Then you won't regret emotional posting that embarrasses you later.

If you're already feeling down, don't scroll social media. It will make you feel even worse.

To be emotionally healthy, let yourself feel your feelings instead of distracting yourself by scrolling.

Put your phone down and be 100% mindful of what's happening in your life at that moment.

The blue light from screens decreases your melatonin levels, which leads to sleep problems. Turn off your screen an hour before bed to help yourself sleep better.

Love One Another

Before you post anything, ask:

- Is it true?
- Is it helpful?
- Is it kind?
- Will it cause drama?
- Am I posting this for the right reason?
- Would my grandmother want to see this?
- Is it mine to share?
- Would I say this or share this in real life?
- Does this glorify God?

Can you see how passing your post through the filter of these insightful questions would be loving?

The Big Picture

There are two verses that strike me as especially appropriate to this issue:

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves. (Philippians 2:3)

So then, whether you eat or drink OR WHATEVER YOU DO, do it all to the glory of God. (1 Corinthians 10:31)

If that is the question we ask: "Will this bring glory to God?" we will find ourselves being loving, kind, respectful Christ-followers who are bringing salt and light into the dark and corrupt world of the internet.

And we will earn the Lord's accolade: "Well done, good and faithful servant."

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